



Consultation Group for Beginning Mental Health Professionals

Who Should Attend?

Counselors or Social Workers with less than 3 years of experience.

Who is the Group Leader?

Felice Block, M.A., LCPC has 20 years experience as a clinical supervisor. She is adjunct professor at Adler School of Professional Psychology. Felice is in private practice in Long Grove and Lincoln Park, Illinois. Known for her dynamic and interactive style, she trains professionals in a variety of topics.

What is the Group Format?

10:00 A.M.-12:00 P.M., one Friday per month, September-February.

The first hour will be didactic, focusing on a specific topic. The second hour will be devoted to case consultation.

Where will the Program be Held?

4160 Rte. 83 Suite 206 Long Grove, IL 60047

Topics:

Professional Boundaries 9/3/10

You will learn to handle intrusive clients, and how to provide crisis intervention without going into crisis yourself!!

Disarm Resistance 10/8/10

Are your cancellation and no show rate high? Feel like your clients are stuck? Is your clients' level of denial frustrating you? Learn to overcome various manifestations of resistance.

Process vs. Content 11/5/10

Avoid getting overwhelmed by the content and learn to track for themes and patterns.

Get the Best Supervision 12/3/10

Get the most from your supervisor regardless of the level of respect you have for her or him.

Prevent Burnout 2/4/11

Develop a self care plan that can be implemented immediately! Continue to enjoy your work....

Registration

Complete this form, along with 50% deposit or payment in full. Check only, payable to Felice Block & mail to 4160 Rte. 83 Suite 206 Long Grove, IL 60047.

Name: _____

Phone: _____

Email: _____

Address: _____

license No: _____

Tuition: Save \$50.00 -register by 8/31

60.00/ session \$300.00 by 7/31/10

70.00/session \$360.00 by 8/31/10

10% discount/2 or more registrants

50% deposit required; balance is due

first day of the group. **Questions?**

Email felice.block@gmail.com